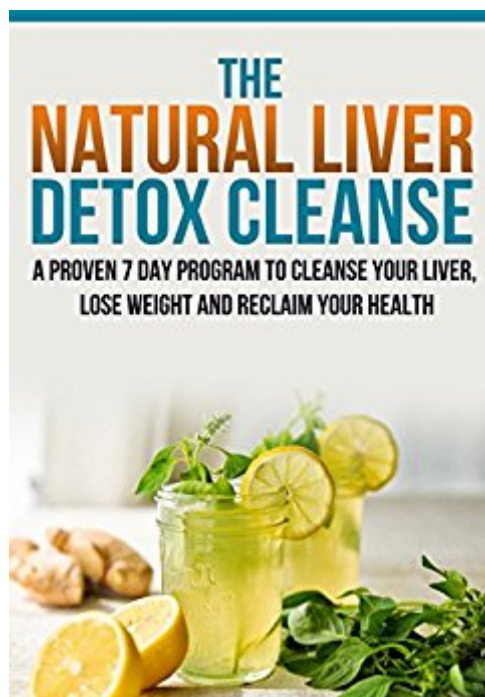




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Liver Detox Cleanse :The Natural Liver Detox Cleanse, A Proven 7 Day Program To Cleanse Your Liver, Lose Weight And Reclaim Your Health.



Synopsis

[illegible]

Book Information

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Customer Reviews

Liked this. Good fast and simple read. Have not tried cleanse yet but it's simple to follow which is what I need. I only wish there were some recipes or examples of the clean whole meals that were mentioned, especially for the day of cleanse schedule.

This book is really helpful. I was finding for a way in cleaning my liver for months already and that's when I found this Liver Detox Cleanse. It is very effective for the next time around that I had my check-up my doctor just told me that I'm getting better. I do really recommend this book for those who are having problems in regards with there liver and also for those who wants that healthy liver.

I looked at as many sources as possible, online and through local doctors and alt health practitioners and found this book to be the easiest to understand and follow. I began doing liver cleanses soon after I finished the book and believe that they have had the single greatest positive effect on my health. I will follow this protocol as part of normal health maintenance for the rest of my life. Thanks to the author for reviving this ancient health practice for all of us. I found it completely safe and immediately relieved several nagging symptoms (fatigue, skin and digestion problems, and joint pain) that had been with me for many years.

After reading this amazing book, I now know how the liver functions in my body and how this easy 7 day cleanse was able to turn my life around! My skin has cleared up and my doctor told me that my cholesterol actually lowered by 50 points! The only difference in my diet has been to add this 7 day cleanse into my life so I know it must be this new cleanse and nothing else as nothing else

changed. For those people who know their life is being negatively impacted by how they live (or where they live) this cleanse is a must!

Instructions were well presented. Overall concept seems easy and logical. I am looking forward to performing the cleanse. I honestly hope the cleanse does as expected. I look forward to the actual process and more importantly the results. Other than some grammatical errors and misquoted sentences, I enjoyed the reading and information.

I'm excited to start this cleanse. This will be my first time doing any cleanse so it should be an experience. This book will definitely help me kick off my weight loss journey because there's very valuable tips.

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Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Sugar Detox: How to Cure Sugar Addictions, Stop Sugar Cravings and Lose Weight with Sugar Detox Easy Guide (Include Sugar-free Recipes to Help You Get ... free Recipes, Detox Diet, Detox Cleanse) Flat Belly Tea Cleanse: A Fast and Easy Approach on How to Lose Inches Off Your Waist, Boost Metabolism and Burn Excess Body Fat (7 day,tea cleanse,belly fat,diet,weight loss,lose,detox Book 1) Souping: The New Juicing - Detox, Cleanse & Weight Loss (Detox, Cleanse, Weight Loss, Juicing, Gluten Free, Gut Health, Souping) Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Superfoods Today Red Smoothies: Energizing, Detoxifying & Nutrient-dense Smoothies Blender Recipes: Detox Cleanse Diet, Smoothies for Weight Loss Diabetes, Detox Green Cleanse for Weight Loss Energy Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) 10 Day Green Smoothie Cleanse: Lose 15lbs with 10 Day Green smoothie diet For Weight Loss. Weight loss green smoothie recipes,green smoothies: Sip Up, Slim Down ! Lose upto 15 Lbs in 10 Days! Detox (3rd Edition): 3-Day Rapid Weight Loss Detox Cleanse - Lose Up to 10 Pounds!

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